

# Before the interview



# Congratulations on this exciting opportunity! The tips below will help you prepare for your interview



- Review the job description to really understand what the role is all about
- Review your resume in detail to remember all of your experience, skills and knowledge
- Match your strengths to the job you're being considered for - think of examples of your work experience related to the job responsibilities/ qualifications

- Prepare to answer challenging questions related to complex scenarios
- Create mock interview questions and practice your answers aloud with someone
- If you require accommodation to participate in the interview, please email your request to our Human Resources department at <u>accessibility.hr@torontohousing.ca</u> or call our accessible accommodations line at 416-981-4119. You can also inform the Recruiter

# Interview stress management



### Tips to make your interview less stressful

- Try to get a good night's sleep before the interview
- Develop positive thinking
- Try to relax the day of your interview
- Take a moment to breathe; ask for a moment to gather thoughts before answering the questions
- Remember, it's okay to be nervous



# What to expect



### **Typical interview scenarios will include:**

- Questions to better understand your experience, skills and knowledge
- Situational/scenario based questions that ask what you would do in a future scenario
- Behavioural-based questions that ask you to describe how you managed/handled a past scenario
- Questions to gain a better understanding of your personal characteristics (i.e. motivation, ambition, interests, etc.) to see if they align to the opportunity and our TCHC Culture Model



### The STAR method



### Use the STAR method to help answer questions

#### Situation or Task

Describe the situation that you were in or the task you needed to accomplish

#### Action

Describe the actions you took to address the situation with an appropriate amount of detail and be sure to keep the focus on what you did

#### Result

Describe the outcome of your actions and don't be shy about taking credit for your behavior



# Do's and Don'ts



### Things to do and things to avoid during the interview

- ✓ Try to keep calm and avoid distracting movements like crossing your arms or fidgeting
- ✓ Listen and read the questions with full concentration so you can understand what is being asked answer fully
- ✓ Ask for clarification if you don't understand a question

- X Do not talk negatively of past employers or co-workers
- X Do not give too much information only answer the question that is asked
- X Do not promise too much only say what you think you can realistically do
- X Do not lie about your accomplishments
- X Do not give short answers that aren't detailed

# Wrapping up



### The best way to wrap up your interview

- Thank the interview panel for their time and re-iterate your interest in the job opportunity
- Ask the panel members questions about the job
- Ask the panel what the next steps will be in the hiring process



