



## COVID-19 Vaccine



### Why should I get the vaccine?

The vaccine will protect you from getting sick with COVID-19. Some people can get very ill from COVID-19, needing hospital care.



### How does the vaccine work?

The vaccine tells our body to make antibodies. The antibodies will protect us from getting sick if we are exposed to COVID-19. The vaccine does not have the virus, so you cannot catch COVID-19 by getting the vaccine.



### Is the vaccine safe?

Yes. The vaccine has been tested for safety, and Health Canada has approved it for use in Canada. The vaccine is safe for people with diabetes, high blood pressure, heart disease and asthma.



### I have allergies. Can I get the vaccine?

The COVID-19 vaccine does not contain eggs, gelatin, preservatives or antibiotics. The nurse will review the list of vaccine ingredients with you to make sure it is safe for you before you are vaccinated.



### I've already had COVID-19. Do I need to get the vaccine?

Yes. Immunity from having COVID-19 may not protect you for very long. It is possible to get COVID-19 again. It is better to get the vaccine to stay protected.



### Are there any side effects?

The vaccine can cause pain or redness at the injection site, headache, fever, and muscle aches. Most side effects will go away in a few days. A nurse will monitor you for any reactions after you get vaccinated.

Have questions? Call us at 416-338-7600.

