

COVID-19

update for support workers

May 11, 2020

Tips to protect yourself and prevent the spread of COVID-19 while caring for others



Screen before you visit:

- Contact your client before you visit to ask about their health. It is important to ask if they have symptoms of COVID-19 such as headache, coughing, shortness of breath and fever.
- Ask if anyone else will be in the home during the appointment. Where appropriate, screen this person, too.
- Do a 20-second self-screen. If you have symptoms, had close contact with a confirmed or suspected case of COVID-19 or have recently travelled outside Canada, **do not enter this building**.



Take precautions during your visit:

- Wear the appropriate personal protective equipment, such as gloves and an approved mask.
- Wash your hands with soap and water after caring for each client.
- Wear indoor shoes in your client's home. Disinfect them after caring for each client.



What to do if a client shows symptoms of COVID-19:

- Call Toronto Public Health at **416-338-7600** to let them know.
- Call **911** if your client is very ill and requires immediate care. Tell the paramedic dispatcher that the client has COVID-19 symptoms.

Go to toronto.ca/covid-19 or ontario.ca/covid-19 for more information.

Source: Ontario Personal Support Workers Association



Call **416-981-5500** to receive this notice in an alternate language or format.