

COVID-19

update for tenants



April 6, 2020

Self-isolate to limit COVID-19 spread

Self-isolation is an important way to protect public health and limit the spread of COVID-19 infection.

You must stay home and self-isolate for 14 days if:

- You have been diagnosed with COVID-19
- You have the signs and symptoms of COVID-19
- You are waiting for COVID-19 test results
- You have recently returned from travel outside Canada

It is strongly recommended that you stay home if you are over 70 years of age, have a weak immune system or a medical condition.

Self-isolation means staying in your home, limiting visitors, avoiding contact with others and keeping away from seniors and people with weak immune systems or a medical condition.

Toronto Community Housing is offering supports to tenants who are self-isolating. Contact the Client Care Centre at **416-981-5500** or help@torontohousing.ca at any time to ask for help.

Thank you for helping to keep our communities and city safe. Get more information at our website, torontohousing.ca/covid-19.



Call **416-981-5500** to receive this notice in an alternate language or format.