April 8, 2020

Access to food/groceries for senior tenants

If you need help with tasks of daily living, we are here. Contact the Client Care Centre at 416-981-5500 or help@torontohousing.ca.

Grocery delivery

Toronto Public Health recommends you use a grocery delivery service or have someone pick up groceries for you. If you must go out, look for stores that have special hours for seniors and vulnerable tenants to shop.

The Friendly Neighbour Hotline

The Friendly Neighbour Hotline is a service that delivers groceries and household items to seniors living in low-income housing. Call 1-855-581-9580 (toll-free and available in 180 languages).

Toronto Public Library food banks

Food banks are available at six Toronto Public Library (TPL) locations across the city, with more locations opening soon. Visit 211toronto.ca or call 211 for more information.

Food hamper delivery

The Red Cross will provide food hamper delivery to qualifying seniors who are in self-isolation and do not have access to food. Call 1-833-204-9952 for more information.

Food delivery scam alert

If you get a call from a “volunteer” offering to deliver groceries who asks for your banking/credit card information, hang up. This is a scam to steal your money or identity. If you’ve been the victim of fraud, report it to the Community Safety Unit at 416-921-2323 or local police

Want to get COVID-19 updates by email?
Email help@torontohousing.ca with the message Sign Me Up.