



Toronto  
Community  
Housing

# Keep warm in the winter



While Toronto Community Housing buildings are heated to keep you comfortable, there are a number of things you can do in your units to stay warm as well.

These tips will help you be warm and healthy throughout the winter season.



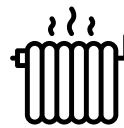
Dress for the weather.  
Wear layers of warm clothing in the winter.



Keep your windows closed to prevent cold drafts and hold heat inside.



If you have a thermostat, check that your heat is on.



Keep your radiators clear so warm air can circulate through your unit.



Open the curtains during the day to let the sun's heat in.



Close the curtains at night to insulate and warm your unit.



Remove portable air conditioner vents from windows so that cold air doesn't enter your unit.



For more information on conservation, email [conservation@torontohousing.ca](mailto:conservation@torontohousing.ca).



Contact the Client Care Centre at 416-981-5500 or [help@torontohousing.ca](mailto:help@torontohousing.ca) to request this material in an alternate language or format.

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